## **Bleeding Precautions**

## **Anticoagulant Therapy (Blood Thinners)**

Anticoagulant Therapy (Blood Thinners) is used to help the body from preventing clots. These clots can cause things like strokes, heart attacks, and pulmonary embolisms.

Examples of Anticoagulants:

- Warfarin (Coumadin)
- Heparin
- Lovenox
- Eliquis
- Xarelto

## When to get Medical Care?

- Bleeding that doesn't stop after 30 minutes or is very heavy
- Serious fall or head injury
- Severe headache, sudden confusion
- Coughing up blood
- Blood in vomit or vomit that looks like coffee grounds
- Bowel movements that are red or black tar like.

## **Heal at Home Staff Actions:**

Report any signs of spontaneous bleeding or severe headaches, decreased level of consciousness, concerns to RN Case Manager or office 317-429-9875. Call 911 for possible bleeding/side effects due to anticoagulation/blood thinner therapy.